

# TIPS FOR SUPPORTING YOUR CHILD WITH THEIR HOMEWORK



CITY OF LONDON  
SCHOOL FOR GIRLS



## Provide an appropriate study space

Ensure that your child has a quiet workspace to complete their homework. This does not always have to be a desk, but it should be free from distractions.



## Plan a homework timetable

For students in Years 7-9, encourage them to stick to the homework timetable. A teacher may set work intended for Monday evening, even though the next lesson is not until Friday. Students should be discouraged from leaving tasks until the night before they are due. This is particularly important for longer tasks that have been set across more than one homework slot.



## Set time limits

Teachers will often set timed tasks and you could encourage students to set a timer and to stop working when the time is up, even if they have not finished the task.



## Talk about homework

Talk to your child about their homework and what they have been learning in school. Explaining it to someone else may be more effective than spending long periods of time reading notes, and will help them to work out what they know and what they need to do some more work on.



## Avoid procrastination

Encourage your child to begin their homework as early in the evening as possible so that they have some time to wind down and get to bed at a reasonable time.



## Encourage a school-life balance

Where necessary, support students to reflect on their balance of school work and extra-curricular activities. We do not want students to feel that they have to give up activities that they enjoy because they have too much homework. However, homework demands do increase as they progress through the school, and it might be necessary to help some students to measure their expectations about what they can manage, whilst still getting enough sleep.