

**Menu: Week Three**



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The Main Event	<b>“Winter Fayre” Braised Beef &amp; Vegetable Casserole</b>	<b>“Eastern Promise” Chicken Teriyaki with Peppers &amp; Spring Onions</b>	<b>“Sunday Roast” Roast Turkey, Stuffing &amp; Chipolatas</b>	<b>“Shepherds Delight” Lamb Cottage Pie</b>	<b>“Fridays Fish” Creamy Fishermans Pie</b>
Meat Free Zone	<b>Spinach &amp; Mascarpone Penne</b>	<b>Stir Fried Vegetable Noodles</b>	<b>Spicy Mediterranean Cous Cous</b>	<b>Butter Bean, Okra &amp; Sweet Pimento Stew</b>	<b>Mushroom &amp; Butternut Squash Korma</b>
And To Go With	<b>French Peas  Chive Mashed Potato</b>	<b>Egg Fried Rice  Bok Choi &amp; Baby Corn</b>	<b>Golden Roast Potatoes  Creamed Spinach</b>	<b>Red Cabbage &amp; Leeks  Sweet Potato &amp; Swede Mash</b>	<b>Herby Diced Potatoes  French Beans &amp; Carrots</b>
Scrummy Puds	<b>Jam Tart</b>	<b>Iced Finger Bun</b>	<b>Chocolate Éclair</b>	<b>Rice Pudding &amp; Jam</b>	<b>Death By Chocolate Cake</b>

**Available Daily:** Chef’s Homemade Soup of the Day | Pasta with a Choice of Chef’s Sauces |  
Baked Jackets Hot or Cold Filling | Cold Dessert | Fresh Fruit Salad | Homemade Yoghurt | Fruit Platter

